

Personal, Social Health Education (PSHE) including Relationships Sex Education (RSE) is at the heart of our school values and ethos and runs throughout all that we do. Our PSHE/RSE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

We will:

- Help pupils aspire to be the best they can be, to have aspirations for their future and know what is required to reach them
- Provide opportunities for our pupils to learn about rights and responsibilities and to know what it means to be a valuable member of a diverse society. We will help them to understand and consider the moral, social and cultural issues that are part of growing up in Modern Britain
- Deepen our pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance
- Develop their sense of self-worth by playing a positive role in contributing to school life and the wider community
- Stimulate, nurture and challenge their spiritual, moral, social and cultural curiosity
- Help pupils to understand the importance of their physical and mental health, understand emotions and feelings and have strategies to help them become resilient and confident so that they are ready for their transition to their next school
- Help pupils to have a good understanding of themselves, to have empathy, an ability to work with others and to form and maintain positive relationships treating everyone equally with tolerance and respect
- Teach our pupils' age-appropriate understanding of healthy relationships through our structured programme of RSE
- Teach our pupils about personal safety (online and off) and we will ensure pupils know when and how to get help if needed
- Encourage all of our pupils to be the very best versions of themselves

Today we are learning **Personal, Social, Health and Economic Education (PSHE)**.

Good learners in PSHE...

- Look after their mental health
- Have healthy, respectful relationships
- Value our differences and challenge stereo types
- Make safe and healthy choices
- Care and take responsibility for our environment
- Are able to deal with change
- Understand how society works, and the laws, rights and responsibilities involved

How we deliver our curriculum

PSHE/RSE runs throughout all that we do. Pupils are taught weekly lessons in mixed age groups. Staff follow the SCARF programme to plan and deliver their lessons. This is a spiral curriculum allowing pupils to build upon and revisit all aspects. . The statutory RSE curriculum is taught.

Our curriculum is split into 6 themes:

Me and My Relationships

Valuing Differences

Keeping Myself Safe

Rights and Responsibilities

Being My Best

Growing and Changing

We aim to

- Promote safe, equal, caring and enjoyable relationships and we discuss real-life issues appropriate to the age and stage of our pupils
- Give a positive view of human sexuality, with honest and medically accurate information, so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their- age and maturity
- Give pupils opportunities to reflect on values and influences (peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views
- Include learning about how to get help and treatment from a variety of sources
- Foster gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenge all forms of discrimination
- Meet the needs of all pupils with their diverse experiences, including those with special education needs and disabilities

Whole School Intent

The curriculum intends to promote Christian values:

Clearwell CofE Primary school is a church school that prides itself on teaching Christian values throughout its curriculum and the wider life of school. As a church school, the children learn about Christian values, as well as those of other faiths, in order to prepare them as caring and considerate members of society. All values are nurtured and highlighted throughout all teaching and are fundamental to the children's attitudes towards learning. They help support a growth mindset and also help build relationships and attitudes beyond the curriculum. Periods of reflection and worship support learning attitudes and the ability for children to understand how Christian Values can aid learning new skills; acquiring new knowledge and supporting others to do the same.

Throughout the course of our PSHE lessons, we promote respect and friendship – treating others as we would wish to be treated and gaining the skills and understanding of what makes appropriate, positive relationships. Trust is a key part of this; pupils' understanding of who and what they can trust is key to keeping themselves safe in society. We aim to help our pupils build resilience when faced with setbacks and to help them to understand their own and others' feelings and points of view. When faced with challenge, it is our intention that pupils can call on hope that better times are coming. Developing a sense of community and responsibility also forms a key element of our PSHE curriculum.

The curriculum intends to be experience based:

It is recognised that children start school with a wide range of different experiences. The curriculum is planned to extend and enhance these experiences. An in-depth knowledge of each child allows staff to plan individual programmes and experiences to fill in any gaps in developmental progress. Staff ensure children's learning, where possible, is based on hands-on experiences; meeting visitors who can inspire children and visiting places of interest which ensure children have first-hand experiences.

We endeavour to enhance our PSHE curriculum by inviting visitors with specialist knowledge or experience to speak to the children and engage them in activities such as Young Mind Matter practitioners, medical professionals or the Life Education team. In developing healthy lifestyles, we engage in physical and food tasting activities. In Upper Key Stage 2, pupils practise putting each other in the recovery position and role play other first aid responses.

The curriculum intends to use technology to enhance learning:

We recognise that in a society that relies so heavily on technology, we have a duty to prepare our pupils to operate effectively and safely in the modern world. We aim to provide opportunities for pupils to learn about how technology can be used to enhance learning and awaken interest in the possibilities that exist now and those that might follow in the future.

Technology is used to promote learning and the acquisition of skills and knowledge in all subjects. It enables pupils to carry out online research and to use specially designed apps to promote thinking and problem solving when faced with dilemmas. Online safety is an important element of the PSHE curriculum.

The curriculum intends to raise self-esteem and self-confidence:

Throughout all aspects of school life staff promote a can-do attitude and celebrate the successes, resilience, perseverance and progress of all children. This is particularly apparent at Clearwell as, due to our small numbers, all children are given the opportunity to develop their self-esteem and self-confidence. Clearwell recognises the opportunities that small school teaching can provide and promotes mixed age learning to support and challenge all pupils. The curriculum is structured to provide the children with the opportunity to experience their full entitlement in a supportive environment that celebrates perseverance and resilience to challenge. We recognise that some children may need support to maintain their well-being and we will seek to do this in a nurturing and positive learning environment.

In developing self-awareness, pupils come to recognise their talents and to celebrate them with humility. They recognise the talents of others as well as acknowledging things which challenge them. In discovering things, they are good at and enjoy, pupils are encouraged to think ambitiously about their futures. Diversity is welcomed and celebrated constantly.

The curriculum focusses on the core skills of Reading, Writing and Maths:

Staff recognise that for children to succeed beyond the classroom the skills of reading, writing and maths are crucial. Children start school with a range of levels of understanding and development for their age group. The school recognises some children will need extra support in order to close these gaps. Staff work closely with parents and carers to help children succeed.

In order to find out about certain elements of the PSHE curriculum, pupils need to be able to use their reading and writing skills to access information online or in other texts and to communicate what they have learned.

The curriculum has a clearly mapped out progression of skills and knowledge:

Staff recognise that in order for children to learn effectively, it is important that the taught curriculum is carefully mapped out. The rolling programme of three and four-year curriculum cycles allow children to acquire and develop these skills, revisiting them and reinforcing them continually. This ensures that long term acquisition of skills and knowledge is embedded. Each curriculum area has been considered to ensure that the benefits of mixed age teaching can be maximised whilst still providing adequate challenge and progression within each key phase of primary education.

The school uses the CORAM SCARF scheme for PSHE which delivers age appropriate PSHE and RSE lessons.

The curriculum has a focus on developing Speech and Language:

Some children enter school with Speech and Language development below the expected level. As such, staff tailor the curriculum to prioritise this aspect and utilise opportunities both within formal and informal learning. From the first weeks at Clearwell, children are encouraged to develop their speaking and listening skills through performance, stories, singing, rhymes and role play. The unique set up of multi-age classes means that the children have role models to imitate and learn from. The development of oracy skills is key in developing the ability to communicate in writing.

Much of the learning that takes place in this subject comes from discussion, debate and role play. There will often be times when moral, ethical and philosophical concepts will be challenged in these lessons – for example, when considering how to respond to peer pressure in upper key stage 2. Pupils learn to be confident when expressing their opinions and listen to the views of others.