# Physical Education

#### Curriculum Intent



## How do we teach PE at Clearwell C of E Primary School?

We want PE lessons to have a positive impact on the minds and bodies of our pupils so that they develop a healthy attitude to sport and physical activity while gaining relevant skills and fitness. Our PE curriculum is mainly delivered by specialist coaches from Prostars.

#### Good athletes will ...

- take part in a range of sports;
- be active and develop stamina;
- take part in competitive activities;
- try new activities;
- use vocabulary for experts;
- learn the rules for the sports they play;
- create strategies and tactics to improve performance; and
- have healthy, active lives.

## Whole School Intent

### The curriculum intends to promote Christian values

Clearwell C of E Primary school is a church school that prides itself on teaching Christian values throughout its curriculum and the wider life of school. As a church school, the children learn about Christian values, as well as those of other faiths, in order to prepare them as caring and considerate members of society. All values are nurtured and highlighted throughout all teaching and are fundamental to the children's attitudes towards learning. They help support a growth mindset and help build relationships and attitudes beyond the curriculum. Periods of reflection and worship support learning attitudes and the ability for children to understand how Christian Values can aid learning new skills, acquiring new knowledge and supporting others to do the same.

When engaging in sporting activities, we try to demonstrate the values of

- **Respect** when competing with and against others. We learn to abide by the rules of sports and to respect those officiating. We learn to win and lose graciously.
- **Responsibility** when considering our duty to those in our team.
- **Perseverance** when trying to master a new skill or when competing against opponents who are stronger than us.
- Friendship when supporting, encouraging and maybe consoling our friends

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- Trust when in a team and when we rely on others and others need to be able to rely on us.
- Community when being part of a team.
- Hope that we will master a skill and succeed.
- Forgiveness when something goes wrong

#### The curriculum intends to be experience based

It is recognised that children start school with a wide range of different experiences. The curriculum is planned to extend and enhance these experiences. An in-depth knowledge of each child allows staff to plan individual programmes and experiences to fill in any gaps in developmental progress. Staff ensure children's learning, where possible, is based on hands-on experiences; meeting visitors who can inspire children and visiting places of interest which ensure children have first-hand experiences.

The majority of our PE lessons are practical; we try to participate in sporting events with other schools to give our pupils the opportunity to experience competitive sports in other venues.

### The curriculum intends to use technology to enhance learning

We recognise that in a society that relies so heavily on technology, we have a duty to prepare our pupils to operate effectively and safely in the modern world. We aim to provide opportunities for pupils to learn about how technology can be used to enhance learning and awaken interest in the possibilities that exist now and those that might follow in the future.

Technology is used to promote learning and the acquisition of skills and knowledge in all subjects. iPads are used widely to film PE sessions so that pupils can evaluate their own performances and identify areas to improve for themselves.

#### The curriculum intends to raise self-esteem and self-confidence

Throughout all aspects of school life staff promote a can-do attitude and celebrate the successes, resilience, perseverance and progress of all children. This is particularly apparent at Clearwell as, due to our small numbers, all children are given the opportunity to develop their self-esteem and self-confidence. Clearwell recognises the opportunities that small school teaching can provide and promotes mixed age learning to support and challenge all pupils. The curriculum is structured to provide the children with the opportunity to experience their full entitlement in a supportive environment that celebrates perseverance and resilience to challenge. We recognise that some children may need support to maintain their well-being and we will seek to do this in a nurturing and positive learning environment.

Success in a sporting arena boosts self-esteem and can be the highlight of the school day for pupils, particularly those who may find other aspects of the curriculum challenging. Equally, the reverse can be true. Care is taken to nurture those for whom PE lessons are less positive experiences. Individual successes are recognised in Prostar of the Week certificates awarded in Celebration Worship each week. These are given to pupils who have excelled in performance or in their attitude during lessons.

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As part of the PE curriculum, pupils are given opportunities to try sports which are new to him and potentially discover an as yet unknown talent.

#### The curriculum focusses on the core skills of Reading, Writing and Maths

Staff recognise that for children to succeed beyond the classroom the skills of reading, writing and maths are crucial. Children start school with a range of levels of understanding and development for their age group. The school recognises some children will need extra support in order to close these gaps. Staff work closely with parents and carers to help children succeed.

Maths is used when talking about position and movement/direction, as well as when measuring in athletics.

### The curriculum has a clearly mapped out progression of skills and knowledge

Staff recognise that in order for children to learn effectively, it is important that the taught curriculum is carefully mapped out. The two year rolling programme in KS1 and KS2 allows children to acquire and develop these skills, revisiting them and reinforcing them continually. This ensures that long term acquisition of skills and knowledge is embedded.

We use the iPEP scheme which has a fully mapped out progression of skills to ensure full coverage of the PE curriculum..

#### The curriculum has a focus on developing Speech and Language

Some children enter school with Speech and Language development below the expected level. As such, staff tailor the curriculum to prioritise this aspect and utilise opportunities both within formal and informal learning. From the first weeks at Clearwell, children are encouraged to develop their speaking and listening skills through performance, stories, singing, rhymes and role play. The unique set up of multi-age classes means that the children have role models to imitate and learn from. The development of oracy skills is key in developing the ability to communicate in writing.

Pupils are encouraged to use appropriate vocabulary when participating in PE lessons. They offer verbal feedback to each other when evaluating performance and coaching each other so that their performance improves.